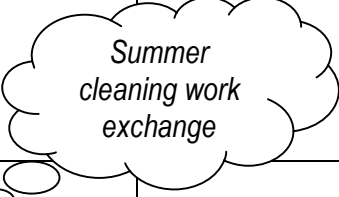
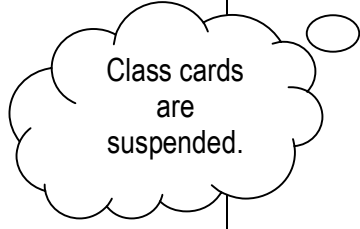
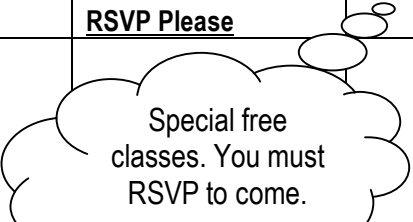


Yoga Haven 2010 Summer Vacation Schedule

During this time we are offering a couple of drop-in classes along with a bunch of free classes. Drop-in classes are all \$20 cash only (class cards do not apply). Free classes are taught by teacher trainees. Please RSVP to Betsy to attend (limited space), and in exchange, please feedback to Betsy about the class.

To RSVP and to email feedback, contact betsy at betsy@yogahaven.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					August 20 th Last day of the summer schedule.	August 21 st Regular schedule suspended. Special 9:15am Prenatal Yoga Drop-in class, \$20.
		 August 24 th 9-12noon Studio Cleaning Work exchange for yoga classes. Email Robert if you are interested makespace@optonline.net			 Class cards are suspended.	
	August 30 <i>Free class:</i> 9:30am extra-gentle/level 1 with Annie. <u>RSVP Please</u> 7:30pm open level with Emily Drop-in class \$20	August 31 st <i>Free class:</i> 9:30am open level with Deana <u>RSVP Please</u> 7:30pm Level 2 with Kate Drop-in class \$20	September 1 st	September 2 nd <i>Free classes:</i> 9:30am open level with Sara Weiss <u>RSVP Please</u> 4pm restorative yoga with Violaine <u>RSVP Please</u> 7:30pm open level with Cari <u>RSVP Please</u>	September 3 rd <i>Free class:</i> 9:30am open level with Marguerite <u>RSVP Please</u>	September 4 th <i>Free classes:</i> 9:30am open level with Marguerite <u>RSVP Please</u> 11am open level with Julie <u>RSVP Please</u>
September 5 th	Labor Day	New fall schedule begins				 Special free classes. You must RSVP to come.